

Buhler

FARMERS MARKET

1st & 3rd Saturdays of June,
July, & August
and
the First Saturday of
September

7 am - Noon

1st & Main, Buhler

Do you have a hobby, skill, or idea that you would like to turn into profit? If so, call Tove' Brunk at 620.543.2134 to reserve your booth. (\$10 per market)

Special Events

June 7

10 am class: Politically Incorrect Eating*

Does it make your head spin to try to keep up with the latest foods in the headlines? Ten years ago eggs were bad, but now they're okay. Well, we can simplify things by showing you what the Bible tells us what God created for food and what he asked us not to eat. We'll give you tools to read labels and determine which things to consume and what to leave on the shelf.

July 5 10 am Class: Home Organization*

Do you need a little boost and motivation to clean and organize your home? Sometimes all we need is someone to show us *how* to sort those stacks of papers, give us some tricks to save time, and have a plan of action so that we can run our home, not have our home run us.

August 2 Salsa Competition

Bring 2 quarts of your favorite homemade salsa by 8 am. Prizes for 1st & 2nd place by judges and people's choice announced at 11 am.

August 16 Kids' Day

Children can enjoy sticky, goey, sparkly, and wet activities at the Farmer's Market. Wear your swimsuits... the sprinklers will be on from 10 - 11 am!

September 6 Muffins, Pancakes, & Oatmeal*

Our culture of boxed muffin mixes and instant oatmeal has missed out on the benefits of the process of lactofermentation for grains. Before we scare you off, come hear how you, with little effort, you can simply soak your grains before cooking to help your body absorb more nutrition from your breakfast favorites.

*The classes are focused on educating women of all ages by focusing on how we can honor our families by using Godly wisdom. Moms, bring your kids to enjoy some time learning together. These free classes are about 30 min. long